



# EATING 101 RU DINING HEALTHY?



A WEEKLY NEWSLETTER BROUGHT TO YOU BY THE RU HEALTHY DINING TEAM  
A Joint Program Between Rutgers Dining Services and The New Jersey Institute for Food, Nutrition, and Health

## Mapping out your Takeout Meal Swipes

With fresh schedules and a brand-new batch of meal swipes to use across all campuses, knowing how and where to use your meal plan is key to staying energized, and the Healthy Dining Team is here to help you make the most of every meal. You can enjoy all-day access at our three main dining halls—Busch, Neilson, and Livingston—and use up to three swipes per day at the Atrium, and up to an additional three after 9:00 PM. You can also use up to three swipes daily at retail and take-out spots across campus. Explore the guide below to plan your daily dining stops and build your seamless campus routine!



RUTGERS-NEW BRUNSWICK  
Dining Services  
Division of Student Affairs

### DINING TAKE OUT OPTIONS- FALL 2026

Enjoy take out with your meal swipes **Mon-Thurs** at the locations & times below.  
Friday & weekend hours will vary, visit [food.rutgers.edu](https://food.rutgers.edu) for more info

| LOCATIONS<br>ACCEPTING MEAL<br>SWIPES | 7AM  | 8AM | 9AM | 10AM | 11AM | 12PM | 1PM | 2PM | 3PM | 4PM | 5PM | 6PM | 7PM | 8PM | 9PM | 10PM | 11PM | 12AM |
|---------------------------------------|------|-----|-----|------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|
| THE ATRIUM                            | ✓    | ✓   | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓    | ✓    | ✓    |
| CAFE WEST                             |      |     | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓    | ✓    |      |
| NEILSON DINING<br>HALL                |      |     |     |      | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓    | ✓    | ✓    |
| DOUGLASS CAFE                         |      | ✓   | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   |      |      |      |
| DC BAGELS                             |      | ✓   | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   |     |     |     |     |     |     |      |      |      |
| HARVEST IFNH                          |      |     | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   |     |     |     |     |     |     |     |      |      |      |
| RED PINE PIZZA                        |      |     |     |      | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   |      |      |      |
| LIVINGSTON DINING<br>COMMONS          |      |     |     |      | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓    | ✓    | ✓    |
| HENRY'S DINER                         |      |     |     | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   |     |     |     |      |      |      |
| KILMER'S MARKET                       |      |     |     |      | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓    | ✓    | ✓    |
| BUSCH DINING HALL                     | ✓    | ✓   | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   |     | ✓   | ✓   | ✓   | ✓   | ✓   | ✓    | ✓    | ✓    |
| HARVEST JUICE BAR                     |      |     |     | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   |     |     |     |     |     |     |      |      |      |
| WOODY'S CAFE                          | 7:30 | ✓   | ✓   | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   | ✓   | ✓   |     |     |     |     |      |      |      |
| STARBUCKS TRUCK                       |      |     |     | ✓    | ✓    | ✓    | ✓   | ✓   | ✓   |     |     |     |     |     |     |      |      |      |

College Avenue Campus

Cook/Douglass Campus

Livingston Campus

Busch Campus

Food Trucks

✓ = times meal swipes are

Have friends or family in town? You can use up to 10 meal swipes of your meal plan per semester on guests (you must be present)

If you or someone you know is experiencing food insecurity, you can visit the Rutgers Basic Needs Center. Learn more at: [ruoffcampus.rutgers.edu/basic-needs](https://ruoffcampus.rutgers.edu/basic-needs)

Good news: meal swipes now roll over from the fall semester into the spring when you purchase the same meal plan size or upgrade to a higher one. They do expire at the end of the academic year, so be sure to use them while you have them!

*Explore Rutgers one swipe at a time!*

Revised By: Rex Harvilla

References: *Rutgers Places to Eat*. Available at: <https://food.rutgers.edu/places-eat> Accessed on: 09/06/26. *Student Basic Needs Center*. Available at: [ruoffcampus.rutgers.edu/basic-needs](https://ruoffcampus.rutgers.edu/basic-needs) Accessed on: 09/06/26.

Reviewed By:



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Questions? Like us on Facebook (RU Healthy Dining Team), Instagram (@ru\_hdt), or email [nutrition@dining.rutgers.edu](mailto:nutrition@dining.rutgers.edu).

