# Harvest Menu Fall/ Winter 2024

All entrees and soups change daily, please see a manager if you need assistance with any menu information.

All items are subject to change.

#  Autumn Salads $11

**Perfect Pear**

 (vegetarian, contains dairy, contains nuts)

Preserved Pears, Aged Blue Cheese, Roasted Cashews, Mixed Greens

 **Autumn Harvest**

 **(**vegan, contains seeds)

Sliced Acorn Squash & Apples, Bloomed Cranberries, Toasted Pumpkin Seeds

**Lemony Caper and Parmesan**

(vegetarian, contains cheese)

Lemony Capers, Shaved Parmesan, Tomatoes, and Cucumbers

**Mezze Salad**

 (vegan)

Hummus, Artichoke, Olives, Cucumber, Tomato Stuffed Grape Leaves, & Banana Peppers

Add Ons (One included)

Salmon Salad

 Chicken Salad

 Chickpea Salad

**Smoothie Bar $7**

Fall 2024 Menu Swipe Includes One Smoothie and

One Snack of Choice

**Pumpkin Pie**

Spiced Pumpkin, Apples, Banana, Chia, Dates, and Coconut Milk

**Purple Sky**

Dragon Fruit, Strawberry, Blueberry, Banana, Apples

Chia, and Oat Milk

**Beach Bum**

Mango, Dragon Fruit, Pineapple, and Orange Juice and a Kiss of Mint

**Chocolate Cravings**

Cocoa, Dates, Sun Butter, Oats, and Chocolate Oat Milk

**Sandwiches Fall 2024**

**Chickpea $10 (vegan)**

Chickpea Salad, Pepper Relish, Pickled Red Onions, Aioli, Fresh Greens, on Multi-Grain Bread

 **Caprese $10 (vegetarian, contains dairy)**

Fresh Mozzarella, Tomato, Arugula, Fresh Basil, Lemon Black Pepper Aioli, Honey Balsamic, on a French Baguette

**Egg Salad $10 (vegetarian, contains eggs, brioche contains dairy, substitution available)**

Harvest Egg Salad, Pepper Relish, Fresh Greens, Lemon Aioli on Brioche

Salmon Salad $12 (brioche contains dairy and eggs, substitution available)

Salmon Salad, Pepper Relish, Pickled Red Onions, Fresh Greens, Aioli on Brioche

**Chicken Salad $12 (brioche contains dairy and eggs, substitution available)**

Chicken Salad with Cherries, Pepper Relish, Pickled Red Onions, Fresh Greens, Aioli on Brioche

**Prosciutto $12 (contains pork)**

Hand Sliced Prosciutto, Tomato, Arugula, Lemon Aioli, Honey Balsamic on French Baguette